



Instructions to User

Dear users, thank you very much for purchasing the SPIROMETER. Please read the User Manual carefully before using this product. The operating procedures specified in this User Manual should be followed strictly. This manual describes in detail the operation steps which must be noted, the procedures which may result in abnormality, and possible damage to the product or users. Failed to follow the User Manual may cause measuring abnormality, device damage or personal injury. The manufacturer is NOT responsible for the safety, reliability and performance issues of such results due to user's negligence of this manual for using, maintenance or storage. The free services and repairs does not cover such faults either. Owing to the forthcoming renovation, the specific products you received may not be totally in accordance with the description of this User Manual. We would sincerely regret for that. Date of manufacture: see the label. This product is a medical device, which can be used repeatedly. **Warning:** To ensure measurement accuracy, it is recommended that the device should not be tested continuously on the same testee for more than 8 times. The testee should breathe out all air during testing, don't exchange air or cough. Don't use the device in environment with low temperature. Automatic power off when there is no operation in 2 minute. This device is not intended for treatment. The company supplies qualified products to users in accordance with enterprise standard. The company provides services of installation, debugging and technical training according to the contract. The company performs device repair in warranty period (a year) and maintenance after warranty period. The company is responsible to respond to users' requirements in time. The company reserves the final explanation right to this user manual.

Chapter 1 Safety

- 1.1 Instructions for safe operations**
- Check the device periodically to make sure that there is no visible damage that may affect its safety or performance. It is recommended to inspect the device weekly at least. When there is obvious damage, stop using it.
 - Necessary maintenance must be performed by qualified service engineers ONLY. Users are not permitted to maintain it by themselves. Our company may, upon request, provide technical support and materials such as components list, legend, calibration details or other materials that necessary for the maintenance by qualified technical staff.
 - The device can not be used together with other equipment not specified in User Manual. Only the accessories appointed or recommended by manufacture can be used.
 - This device has been calibrated before leaving factory.

- 1.2 Warning**
- Please don't measure this device with functional tester for the device's related information.
 - Explosive hazard—DO NOT use the device in environment with inflammables such as anesthetic.
 - Please check the packing before use to make sure the device and accessories are totally in accordance with the packing list, or else the device may have the possibility of working abnormally.
 - Don't use the device in environment with strong electromagnetic interference, direct breeze source, cold source and hot source.
 - The disposal of scrap device, its accessories and packing (including mouthpiece, plastic bags, foams and paper boxes, etc.) should follow the local laws and regulations, as improper disposal may pollute the environment.
 - Please choose the accessories appointed or recommended by the manufacturer to avoid damage to the device.
 - Don't use the device with the turbine of other similar products. After replacing the turbine, it is recommended to calibrate the turbine before use.
 - When patients use the device, the device is not allowed to be maintained.
 - Refit of the device is not allowed.

- 1.3 Caution**
- Keep the device away from dust, vibration, corrosive or inflammable substances, high or low temperature and humidity.
 - If the device gets wet or coagulates, please stop operating.
 - When it is carried from cold environment to warm or humid environment, please do not use it immediately.
 - DO NOT operate keys on front panel with sharp things.
 - High temperature or high pressure steam disinfection to the device is not permitted. Refer to User Manual in the relative chapter (7.1) for cleaning and disinfection.
 - Do not have the device immersed into liquid. When wiping the device with medical alcohol, avoid spray any liquid on the device directly.
 - When cleaning the device with water, the temperature should be lower than 60°C.
 - Measured data will be displayed within 5 seconds after finishing the measurement, the delay time depends on the ending speed.
 - If measured data can't be displayed or other abnormal happened during testing, please restart the device.
 - The device has service life for three years.
 - The device may suitable for all users, if you can't get good measurement data, please stop using it.
 - The device needs to be calibrated once per year or less.
 - The device is intended to test forced vital capacity, use it according to the User Manual to get best results.
 - This user manual contains information about operation instructions and technical specifications.
 - The device can not be operated until half an hour later when it is moved from the highest or lowest storage

- temperature environment to room temperature environment.
- The device needs to be kept out of the reach of children or pets, to prevent animal hair or dirt entering the turbine to affect its use.
- The equipment connected with this device via interfaces should compliance with IEC 60950 or IEC 60601-1.
- Please use medical power adapter when charging the device.
- Applied part: mouthpiece.
- The patient is an intended operator, the patient can measure data and charge battery under normal circumstances and maintain the device and its accessories according to the user manual.
- Mode of operation: continuous operation.
- The temperature of equipment application part and contactable part shall not exceed 41°C.
- Non-transit-operable.
- The mouthpiece is disposable, do not open its package if not use.

- 1.4 Contraindication**
- 1.4.1 Absolute contraindication**
- The one with MI or shock in recent 3 months;
 - The one with serious cardiac function unstable or angina pectoris in recent 4 weeks;
 - The one with massive hemoptysis in recent 4 weeks;
 - The one who needs medication in epileptic seizure;
 - The one with uncontrolled hypertensive disease (SYS>200mmHg, DIA>100mmHg);
 - The one with aortic aneurysm;
 - The one with serious hyperthyroidism.
- 1.4.2 Relative contraindication**
- Heart rate >120 bpm;
 - The one with pneumothorax or giant pulmonary bulla and not plan for surgical treatment;
 - Pregnant woman;
 - The one with tympanic membrane perforation (need to block the ear canal of affected side before taking measurement);
 - The one with RTI recently (less than 4 weeks);
 - The one with hyp immunity;
 - Patients of respiratory communicable disease or infectious disease shall not take lung function examination in the Acute stage. The one with low immunity is not appropriate to take the examination also. If it is necessary, disease control and protection shall be strictly followed.

Chapter 2 Overview

Forced Vital Capacity is the maximum expiration after taking a full breath, it's an important examination content in chest-lung disease and respiratory health, and it is an indispensable testing project in modern Pulmonary inspection. At the same time, it has great significance in respiratory diseases diagnosis, differential diagnosis, treatment evaluation and selection of surgical indications. Thus, with the rapid development of clinical respiratory physiology, clinical applications of lung capacity inspection are also gaining popularity. The device is small in volume, low in power consumption, convenient in operation and portable. With high-definition display screen, the device is concise and fashion. To take a measurement, it is required to breathe in fully, and seal the lips around the mouthpiece and then breathe out all air as fast as possible, the screen will directly display the measured parameters, such as Forced Vital Capacity(FVC), Forced Expired Volume in one second(FEV1), Peak Expiratory Flow(PEF). This device has a high accuracy and repeatability.

- 2.1 Features**
- 2.8" screen, clear in displaying, low in power consumption.
 - Simple to operate, easy to understand.
 - Small in volume, convenient in carrying and testing at anytime.
 - Large capacity rechargeable lithium battery, environmental protection.
 - Specific test for FVC, orientation analysis.

2.2 Application scope

The SPIROMETER is a hand-held equipment for examining lung function. The device is fit for hospital, clinic, family for ordinary test(FVC, FEV1, FEV1/FVC, PEF, etc.). It's only required that the user operates it according to user manual, no need for specialized training, so the operation of the device would be as simple and easy as possible.

2.3 Environment requirements

Transport and storage environment:
 Temperature: -30 °C~+55 °C
 Relative humidity: ≤95 %
 Atmospheric pressure: 500 hPa~1060 hPa

Operating Environment:
 Temperature: +10 °C~+40 °C
 Relative Humidity: ≤80 %
 Atmospheric pressure: 700 hPa~1060 hPa

Chapter 3 Principle

Take a deep inspiration, seal the lips around the mouthpiece and blast all air out as forcefully as possible, the exhalant gas transforms to rotary airflow by turbine, then makes the blade rotate. The infrared emission tube and reception tube inside the device aim at the blade, when the blade rotates, the reception tube judges and transforms the light signal received, form the various signal related to blade rotation, via processing by amplification circuit, form the recognizable signal by SCM, via SCM processing, it will transform to each measurement parameter which will be displayed by the screen.

Chapter 4 Technical Specifications

- 4.1 Main functions**
- Forced Vital Capacity (FVC), Forced Expired Volume in one second (FEV1), the ratio of FEV1 and FVC (FEV1%), Peak expiratory flow (PEF), 25% flow of the FVC (FEF25), 50% flow of the FVC (FEF50), 75% flow of the FVC (FEF75) and average flow between 25% and 75% of the FVC (FEF2575) can be measured. Besides, the testee condition can be shown by the ratio of the measured value and the predicted value.
 - Flow rate-volume chart, volume-time chart display.
 - Data memory, delete, upload and review.
 - Trend chart display.
 - Indicating exhalation duration in real-time
 - Personal information(height, age, gender, etc.) can be set.
 - Health status indication.
 - Data transmission by Bluetooth and USB.
 - Low voltage indication.
 - Rechargeable lithium battery for power supply, with charging indication.
 - Calibration function.
 - Real-time clock can be set and displayed.
 - Automatic power off function.
- 4.2 Main Parameters**
- Volume Range: 0~10 L
 - Flow rate range: 0 L/s~16 L/s
 - Volume accuracy: ±3 % or 0.05 L(whichever is greater)

Flow rate accuracy: ±5 % or 0.2 L/s(whichever is greater)
 EMC: Group I Class B.
 Working mode: continuous working
 According to the MDD 93/42, the classification of this medical device: IIa.
 Type of protection against electric shock: internally powered equipment
 Degree of protection against electric shock: type BF applied part
 Degree of protection provided by enclosure: IP22
 Battery: 3.7V, 2200mAh, rechargeable lithium battery, discharge cycle not less than 300 times.

Chapter 5 Installation

5.1 View of the front panel



Figure 1-1 Front panel view

- 5.2 Assembly and disassembly**
- Turbine assembly: align the the turbine to the turbine hole on the shell, gently insert it to the bottom, clockwise rotate to lock it.
 - Turbine disassembly: counterclockwise rotate the turbine, gently pull it out.
 - Mouthpiece assembly: insert one end of the mouthpiece into the turbine port directly.
- Note: The turbine should be installed into the correct position from the front side of the device, see the mark on the device.

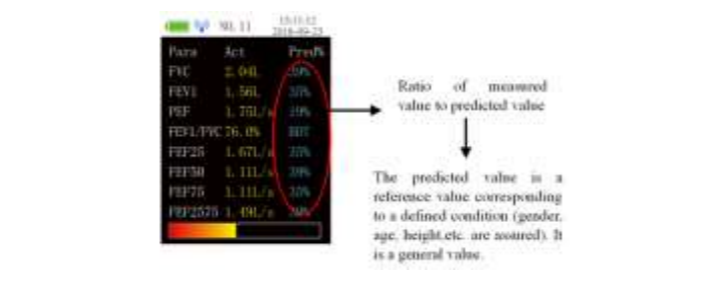
- 5.3 Accessories**
- 1)A User Manual
 - 2)A USB cable
 - 3)A mouthpiece (disposable)
 - 4)A power adapter (optional)
 - 5)PC software
 - 6)A nose clip (optional)
- Note: If other power adapters are used, the following requirements should be met: output voltage is DC 5 V, current is no less than 1A, and the power adapter should comply with IEC 60950 or IEC 60601-1.**

Chapter 6 Operating Guide

- 6.1 Operating method**
- 6.1.1 Power on/off**
- After assembly, long press ON/OFF key to turn on the device.
 - Under "ON" state, long press ON/OFF key to turn it off.

- 6.1.2 Measurement**
- After turning on the device, it will locate in Selective interface shown as Figure 2, press UP or DOWN key to select "No", press CONFIRM key to enter Testing interface, shown as Figure 3 (Note: if select "Yes", it will enter Personal information interface to edit information, after exiting, it will return to Testing interface.).
 - In Testing interface, breath in fully, seal the lips around the mouthpiece and blast all air out as forcefully as possible in the shortest time, the orange indicator on top right corner will flicker at a certain frequency. Then wait for a few seconds, the device will enter Main parameter interface as shown in Figure 4.

6.1.3 Main interface



- a. Main parameter interface:** display 8 parameter values and the ratio of each parameter to its corresponding predicted value. **The ratio reflects health status, correct settings of personal information is the key to obtain accurate ratio.** Besides, this interface also displays power icon, current time, case number and health status indicator, as shown in Figure 4.
- b. Health status indicator:** indicates the measured state, displays the testee health condition by the ratio of measured value to the predicted value vividly, i.e. The comparison of measured value with the reference value in same situation, it is red when the value is lower than 50%, which means that the testee should draw attention and go to hospital in time; yellow in range of 50%~80%, it means that the testee should draw attention; it is green when the value is higher than 80%, which is normal. The determinate item of health status indicator is optional, it can be set in "Denote value" under "Data management".

- "Flow rate-volume chart" and "Volume-time chart" shown as Figure 5 will appear after pressing UP or DOWN key in Main parameter interface, Figure 4 and Figure 5 are the Main interface.
- Under Main parameter interface, after pressing UP or DOWN key simultaneously, the information "Are you sure to delete this data?" will appear, select "Yes", then press CONFIRM key to delete this data and enter the measurement interface. Select "No", press CONFIRM key to cancel deleting this data and enter the measurement interface for next test.

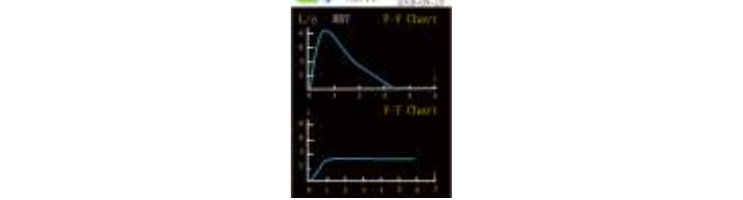


Figure 5 Flow rate-volume chart and Volume-time chart

6.1.4 Menu

In Testing interface or Main interface, press CONFIRM key to enter Menu interface shown as Figure 6, "Personal Information", "Data Management", "Settings" and "Power Off" can be selected, press UP or DOWN key to select corresponding item, then press CONFIRM key to enter its sub-menu, methods are as follows:

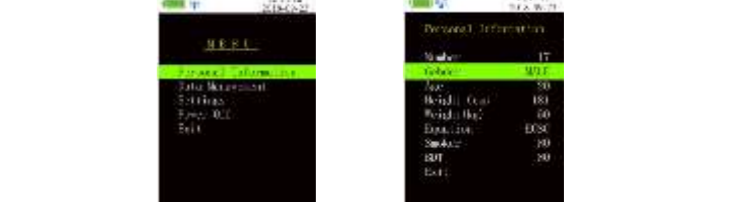


Figure 6 Menu interface Figure 7 Personal information interface

- a. Personal information**
- Under Menu interface, select "Personal information" to enter its sub-menu as shown in Figure 7, in which user can edit patient information (**Note:** Under Selective interface as shown in Figure 2, selecting "Yes" will enter Personal information interface too.).
- (1) Case number**
- "Number" is the current case number. For example, if you are the 23th testee, the "Number" will be 23. Case number can increase automatically, no need to set manually.
- (2) Gender setting**
- Use UP or DOWN key to select "Gender", press CONFIRM key and UP or DOWN key to select "MALE" or "FEMALE", then press CONFIRM key to return to the Personal information interface.
- (3) Settings of age, height, weight**
- Select "Age" to adjust the age as shown in Figure 8. Press UP or DOWN key to change the value, the value will increase or decrease 1 after pressing UP or DOWN key once, then press CONFIRM key to return to Personal information interface.

The modification of "Height" and "Weight" is similar to the "Age". Adjustable range:
 "Age": 6~100

"Height": 80~240 cm
 "Weight": 15~250 Kg

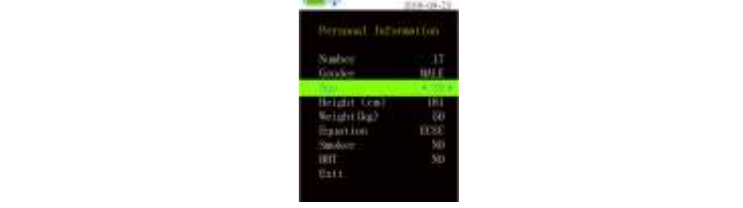


Figure 8 Age adjustment interface

- (4) Equation setting**
- The modification step of "Equation" is the same to the "Gender". The equation of predicted value can be set in "Equation" item, including "ECSC", "KNUDSON" and "USA".
- (5) Setting of smoker and BDT**
- The modification steps of "Smoker" and "BDT" are the same to the "Gender", in which smoker and BDT information can be edited.
- (6) Exit**
- In Personal information interface, select "Exit" or press RETURN to return to Menu interface.
- b.Data management**
- Select "Data management" in Menu interface to enter its sub-menu shown as Figure 9, then "Review Function", "Trend Curve", "Delete Data" and "Denote Value" can be selected.

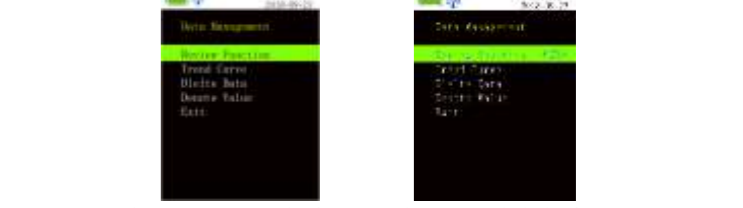


Figure 9 Data management interface Figure 10 Case selection interface

- (1) Review function**
- Select "Review Function" in Data Management interface to select the case number as shown in Figure 10, press UP or DOWN key to change the value, press CONFIRM key to enter Main interface to display the historical data, continuously press UP or DOWN key in Main interface to review the data in adjacent case number, press CONFIRM key to return to Menu interface.
- (2) Trend curve**
- Select "Trend Curve" in to enter Trend curve selection interface. as shown in Figure 11, after selecting the parameter, press CONFIRM key to enter Trend curve display interface, as shown in Figure 12, the figure is a summary of all stored data aiming at the selected parameter, it displays the trend change vividly, which is convenient for tester to

